

# The Hawaiian Trail and Mountain Club [HTMC] Schedule of Hikes and Events, July – August – September 2017



A \$3.00 donation is requested for each non-member, age 18 or over. Those under 18 must be accompanied by a responsible adult.

See the website for meeting locations. For trail maintenance, call Mike Algiers, 422-1048. Please sign our release and abide by our rules.

We do not arrange transportation. However, you are welcome to arrange your own. You are cautioned not to leave valuables in parked cars.

Bring lunch and water on all hikes. Wear sturdy shoes and clothing. Extra caution may be required on some trails. You are responsible for yourself at all times.

Keep trails and lunch sites free of litter; treat trees and plants with respect and care. ALWAYS be careful with fire, matches and cigarettes.

Many of our hikes require special permission. For trails open to the public, refer to <https://hawaiitrails.hawaii.gov>. Firearms and pets are prohibited on hikes.

VISITING HIKERS ARE WELCOME  
HAWAIIAN TRAIL AND  
MOUNTAIN CLUB, Inc.  
P.O.Box 2238, Honolulu, HI 96804



<http://htmclub.org>  
Email: <http://htmclub.org/about/contact/>

Legend=(Length/Skill/Terrain/Locale)  
\* GPS Length

**We no longer meet at 'Iolani Palace. Meet at the trailhead. Please check the HTMC website for directions and for any unforeseen changes to the events.**

Jul 1 Sat 9AM 'AIEA LOOP  
(4 Mi/Novice/Contour/'Aiea)

A delightful journey through a eucalyptus, Cook pine and strawberry guava forest. A wide trail with views of the Waianaes, H-3 and Pearl Harbor. Be sure to look for the crashed airplane from WWII. If rainy, it could be muddy, otherwise a very enjoyable and relatively easy hike for all. Coordinator Ron Miller, [ronmiller@htmclub.org](mailto:ronmiller@htmclub.org) or 429-8123.

Jul 1 Sat **KAYAK CAMPING IN SEARCH OF WHALES IN BAJA**

Presenter: Nathan Smith  
5:30PM Potluck, 7PM Presentation, Clubhouse  
Journey on a kayak trip to Baja and camp on beaches in the Sea of Cortez and Magdalena Bay. Join Nathan Smith and his wife Dr. Pat Borman as they share their experiences searching for whales and hiking on remote islands. Please bring a potluck dish to share. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to [entertainment@htmclub.org](mailto:entertainment@htmclub.org).

Jul 2 Sun 8:30AM **KAHANA VALLEY**

(4.5 Mi\*/Intermediate/Valley/Kahana)  
This valley offers a network of criss-crossing trails with excellent swimming holes and mountain apples in season. The route involves many stream crossings. Walking poles and mosquito repellent are recommended. Meet in the outer parking lot of Kahana Valley State Park. Coordinator Mike Algiers, 422-1048.

Jul 8 Sat 8:30AM **WAILUPE VALLEY**

(3 Mi/Novice/'Aina Haina)  
This easy family hike follows our traditional valley trail up Wailupe Valley to an intersection that drops down to approach the stream in the valley bottom. Here we find a trail that the mountain bikers developed and then abandoned that takes us back down the valley near the stream and crosses it twice before rejoining the usual valley trail. There are a few moderate ups and downs, but no challenging climbs. Coordinator John Hall, ph 377-5442.

Jul 9 Sun 8:30AM **MEMBERS ONLY KAUA –**

**LIMIT OF 15 – RESERVATIONS ACCEPTED (EMAIL ONLY) BETWEEN JULY 1 & JULY 7**

(6 Mi/Intermediate/Ridge/Kunia)  
Our route passes through areas with sensitive ecosystems easily damaged by large groups of people, hence our restriction to 15 participants. The climb is short, sweet, and steep - after all, our goal is the 3rd highest peak on our island.

Coordinator Udom Stamegna, [udom@htmclub.org](mailto:udom@htmclub.org) or 203-0593.

Jul 15 Sat **TRAMPING THROUGH NEW ZEALAND 2017**

Presenter: Larry Lee  
5:30PM Potluck, 7PM Presentation, Clubhouse  
Join 14 lucky club members who were guests on the Auckland Tramping Club's 15-day hiking safari through parts of New Zealand's north and south islands, including Nelson Lakes, Abel Tasman, Kahurangi and Tararua National Parks, and Kapiti Island Bird Sanctuary. Please bring a potluck dish to share. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to [entertainment@htmclub.org](mailto:entertainment@htmclub.org).

Jul 16 Sun 8AM **WAIMANO**

(13.6 Mi\*/Advanced/Contour/Pearl City)  
Note - optional summit crossover to Mānana - check with coordinator. Built in the 1930's by the Civilian Conservation Corps, this LONG trail contours pleasantly to the Ko'olau summit. The terminus overlooks Kahalu'u and Kāne'ohe Bay. Watch your step on the narrow sections, and take a peek into the old irrigation ditch tunnels. Coordinator John Braum, [johnb@htmclub.org](mailto:johnb@htmclub.org) or 391-8189.

Jul 22 Sat 9:30AM **LIKEKE**

(5.1 Mi\*/Intermediate/Hillside/Kāne'ohe)  
Follow in the footsteps of mountain man, HTMC member Dick Davis, who built this trail in the 1960s. The route hugs the base of the Ko'olau cliffs and then loops back through Ho'omaluhia Botanical Gardens. Coordinator Stuart Ball, [stuart@htmclub.org](mailto:stuart@htmclub.org) or 247-5380.

Jul 23 Sun 8:30AM **MEMBERS ONLY KOLOA GULCH**

Hawaii Reserves permit cards required (see [htmclub.org](http://htmclub.org) for details).  
(7.5 Mi\*/Intermediate/Valley/Lā'ie)  
This hike first takes us up a ridge then drops down a side trail to Koloa Stream. Abundant native plants and maybe some mountain apples greet us as we criss-cross the stream into the valley. A short swim and a small climb will get you to the destination waterfall and plunge pool. Coordinator Doug Klein, 263-8330.

Jul 30 Sun 8:30AM **WAI'ANAIE KAI**

(6 Mi/Intermediate/Ridge/Valley/Wai'anae)  
This woody loop hike in Wai'anae valley lies below Mt Ka'ala. You'll climb to a saddle overlooking Mākaha Valley, then return via a normally dry stream gully. Watch for key junctions to avoid a longer, steeper hike! Foliage includes coffee, allspice, and macadamia. Coordinator Arnold Fujioka, 551-0227.

Aug 5 Sat 9AM **PU'U MĀ'ELI'ELI**

(3 Mi/Novice/Ridge/Kahalu'u)  
A relatively easy jaunt in the windward Ko'olau foothills provides nice views of the coastline on one side, and the fluted Ko'olau wall on the other. Check out the new route pioneered by Dayle & Jacque Turner. Coordinators Dayle & Jacque Turner, [turner@hawaii.edu](mailto:turner@hawaii.edu) or 729-3811.

Aug 6 Sun 8:30AM **MEMBERS ONLY**

**KAWAINUI**  
(3.4 Mi\*/Intermediate/Valley/Hale'iwa)  
This remote hike with a hidden gem of sparkling water follows a meandering stream through lush jungle to the largest freshwater pool on O'ahu. Enjoy swimming and basking on the sunny rocks before heading back the way you came. Due to locked gates, we all drive out together (no early departures). Coordinator Darrell Teruya, [teruyadt@att.net](mailto:teruyadt@att.net) (preferred) or 227-4572.

Aug 13 Sun 8AM **'AIEA RIDGE**

(9.2 Mi\*/Advanced/Ridge/'Aiea)  
Warm up by hiking a portion of the state's loop trail, then veer off onto a more demanding ridge trail leading to the Ko'olau summit. It's seemingly endless, with grueling ups & downs, and narrow sections here and there. Coordinator Mike Algiers, 422-1048.

Aug 19 Sat 9AM **KAIWI COASTLINE PLANT IDENTIFICATION HIKE FOR BEGINNERS – RESERVATIONS REQUIRED – LIMIT OF 20**

(3 Mi/Novice/Shoreline/Makapu'u)  
The Kaiwi coastline is one of the best places in Hawai'i to learn about the many native and introduced plants found along our shorelines. See plants such as ma'o (Hawaiian cotton) and naio (false sandalwood). We will also visit a few historical and cultural sites. Coordinator Ken Suzuki, [kenjiman@htmclub.org](mailto:kenjiman@htmclub.org), or 845-4691.

Aug 19 Sat 9AM to Noon **CLUBHOUSE**

**WORKDAY**  
Show your appreciation by volunteering at our quarterly "spruce up the clubhouse" workday. Choose to do yardwork or lighter tasks, like vacuuming, inside the clubhouse. A detailed to-do list will be posted. All will be rewarded by a savory lunch provided by our club. After the workday, go for a swim or a stroll on beautiful Waimānalo Beach, which is just minutes away.

Aug 20 Sun 8:30AM **MEMBERS ONLY**

**SCHOFIELD-WAIKĀNE RESERVATIONS REQUIRED BY AUG 14**  
(12.3 Mi\*/Advanced/Ridge/Wahiawā)  
A very long dirt road precedes this long roller coaster of a trail to the Ko'olau summit. Stash some water on the way up for your return. Native plants and trees (including yellow lehua) abound, as well as native birds. As always, hike with/near others and use caution on the sections with steep drop-offs. Coordinator Ralph Valentino, 864-8130.

Aug 20 Sun 8:30AM **MEMBERS ONLY**

**KAUKONAHUA STREAM RESERVATIONS REQUIRED (EMAIL PREFERRED) BY AUG 14**  
(3 Mi/Intermediate/Ridge/Valley/Wahiawā)  
Part-way up the Schofield-Waikāne Trail, this pleasant diversion leads down to the stream for aquatic frolicking. Coordinator Laura Owens, [laura.owens@htmclub.org](mailto:laura.owens@htmclub.org) or 388-5373.

## The Hawaiian Trail and Mountain Club [HTMC] Schedule of Hikes and Events, July – August – September 2017

### Aug 26 Sat **GEAR EXCHANGE**

5:30PM Potluck, 7PM Presentation, Clubhouse  
It's always a good time for a spring cleaning! Don't be afraid to open your garages & closets where you have been storing your unused hiking & camping gear. Bring it to the Clubhouse to exchange, sell or donate and share a fun evening together. Please bring a potluck dish to share. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to [entertainment@htmclub.org](mailto:entertainment@htmclub.org).

### Aug 27 Sun 8:30AM **'EHUKAI KAUNALA** (5.4 Mi\*/Intermediate/Ridge/ Pūpūkea)

This relatively new trail begins at the Kaunala Trailhead at the top of Pūpūkea and descends (yes, downhill!) to 'Ehukai Beach Park via a maze of bike trails. Enroute, you'll encounter old military pill boxes and stunning ocean views. Coordinator Karen Liliker, [karen.liliker@htmclub.org](mailto:karen.liliker@htmclub.org) or 349-8336.

### Sep 2 Sat 8:30AM **LYON ARBORETUM LOOP** (3 Mi/Intermediate/Valley/Mānoa)

Our route passes many interesting alien plants, including bamboo with square stems. Following an early lunch at Aihualama Falls, we'll pass the blue marble trees with their spectacular buttress roots, and a Joshua tree. The trail is rough, slick, and muddy in spots, with many forks and some steep scrambles. It is flagged with yellow, hard-to-see tapes, and it would be advisable for everyone to stay with the leader! A \$5 donation for the arboretum is requested. Coordinator John Hall, ph 377-5442.

### Sep 3 Sun 7:30AM **MEMBERS ONLY**

#### **LANIHULI**

(7.3 Mi\*/Advanced/Ridge/Kapalama)

This trail requires stamina and determination to summit and return in daylight. The trail is well graded to the midpoint or so, but only advanced hikers should descend the saddle before climbing the final section. Coordinator Steve Davis, [steve.davis@htmclub.org](mailto:steve.davis@htmclub.org).

### Sep 9 Sat **AUSANGATE: SIX DAYS TREKKING IN THE ANDEAN HIGHLANDS**

Presenter: Joshua Serrano

5:30PM Potluck, 7PM Presentation, Clubhouse  
Ausangate Mountain stands at 20,944 feet above sea level, and it's the highest mountain in the Cusco region of Peru. We spent 6 days trekking around Ausangate where we saw tall snow-capped peaks, turquoise lakes, and the rainbow mountain. Please bring a potluck dish to share. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to [entertainment@htmclub.org](mailto:entertainment@htmclub.org).

### Sep 10 Sun 8AM **MĀNANA**

(10.1 Mi\*/Advanced/Ridge/Pacific Palisades)

All hikers will enjoy this magnificent ridge walk. Beginners can stroll through the level, lower section. Intermediates can turn around at the scenic helipad. Hardcore hikers can head for the summit and a chance at a windward view. Coordinator Barb Bruno, [barb@htmclub.org](mailto:barb@htmclub.org) (preferred) or 366-9499.

### Sep 16 Sat 8:30AM **MĀLAEKAHANA POOL** (5 Mi/Intermediate/Ridge-Valley/Lā'ie)

A close cousin to its next door neighbor, Lā'ie Pools, this hike has similar road-walking and long uphill trudging through eroded gullies and tunnels of guava trees...but the reward is a tall waterfall and a large plunge pool. If you venture upstream, you may even find a hidden surprise pool, which is a precious gem! Coordinator Rich Bailey, [rich.bailey@htmclub.org](mailto:rich.bailey@htmclub.org) or 292-8171.

### Sep 17 Sun 8:30AM **MEMBERS ONLY** **KAWAIIKI**

(4.4 Mi\*/Intermediate/Valley/Hale'iwa)

Take advantage of this opportunity to hike a pleasant stream in the heart of the Ko'olau mountains. The flumes and ditches are an interesting feature. Due to locked gates, there are no early departures. Coordinator Wil Kawano, 397-8680.

### Sep 23 Sat **DIY ENERGY BARS**

Presenter: Dorothy Colby

5:30PM Potluck, 7PM Presentation, Clubhouse  
From Clif Bars to Paleo Protein Bars, energy bars are everywhere! They are convenient, on-the-go snacks to throw in your backpack or gym bag. But they are often full of less than desirable ingredients, and are not cheap. Come learn to make healthy and quick energy bars of your own. Please bring a potluck dish to share. Guests and non-members are welcome with a \$3 clubhouse donation fee. Please RSVP to [entertainment@htmclub.org](mailto:entertainment@htmclub.org).

### Sep 24 Sun 8:30AM **MAKIKI TANTALIZER** (6 Mi/Intermediate/Ridge/Tantalus)

Explore the Makiki-Tantalus trail complex on this selected combination of maze-like trails. At the numerous junctions, carefully follow the coordinator's instructions and trail marker ribbons, in order to navigate your way back to the start. In between, expect an aerobic workout! Coordinator Larry Lee, [larry.lee@htmclub.org](mailto:larry.lee@htmclub.org) (preferred) or 537-3445.

### Sep 30 Sat 9AM **ULUPAINA**

(3.4 Mi\*/Intermediate/Graded/Ridge/Kahalu'u)

The first leg of this trail is an easy contour with lovely views of the windward side. Then there is a steady climb to our lunch spot near the power poles. The last leg takes us up and down a ridge. Coordinator Ron Miller, [ronmiller@htmclub.org](mailto:ronmiller@htmclub.org) or 429-8123.

### Sep 30 Sat 6PM **APPRECIATION NIGHT**

Our annual Mahalo evening to honor the hike coordinators, trail maintenance crew, directors and committee members is our way of expressing our appreciation for all their kokua. Get involved and you too may be rewarded with free pizza! Attendance is by invitation only.

### Oct 1 Sun 8:30AM **MEMBERS ONLY PAUAO RIDGE**

(6.4 Mi\*/Advanced/Valley-Ridge/Kahana)

This long, strenuous hike tracks the ridge dividing Kahana and Punalu'u Valleys. Our goal is the junction with the Ko'olau Summit Trail below Pu'u Pauao. Along the way are superb views and intriguing native plants and birds. Coordinator Hawkins Biggins, [hawkins@htmclub.org](mailto:hawkins@htmclub.org)

### Oct 14 Sat 8:30AM **HAU'ULA UKA**

(6 Mi/Intermediate/Ridge/Hau'ula)

This intermediate hike starts on the Hau'ula loop trail for about a mile, then we start climbing a ridge to a scenic lunch spot. After lunch we continue on a connecting ridge, which takes us back to the Hau'ula loop trail and a good view of Kaipapa'u gulch. Coordinator Grant Oka, [goka@htmclub.org](mailto:goka@htmclub.org) or 674-1459.

## CLUB MEETINGS

### Directors Meetings

July 19 – August 16 – September 20

7:00 PM – Members Welcome

Clubhouse

41-023 Puuone St., Waimānalo 96795

### Schedule Meetings

July 5 – August 2 – September 6

7:30 PM – Members Welcome

Hermann & Myra Dombrowski, 488-1161

99-856 Lalawai Drive, Halawa Hts. 96701

## COMMON SENSE HIKING SAFETY

### Planning

Hike with a partner (or a club)  
File a flight plan with someone who knows where you're going. Tell them who's going with you, and when you're expected back.  
Get info about the trail  
Wear adequate clothing & hiking boots  
Check weather conditions  
Know your own capabilities

### Gear Up!

Cellular Phone  
Something brightly colored  
A Whistle  
Rain Gear  
First Aid Kit  
2 or 3 liters of water  
Space blanket  
Flashlight

### Do It!

Stay on the trail  
Look where you step  
Stay together or regroup  
Watch the time  
Monitor everyone's condition  
Monitor the weather  
Avoid undue risks

### Pau

When finished, let the person holding your flight plan know that you have returned safely.

### IN AN EMERGENCY

Call 911 - ask for Fire Rescue

Be Visible - use that brightly colored jacket

Be Audible - use the whistle

Stay Calm - keep a positive attitude

Stay Put - increase your chances of being found

Stay Warm - use that space blanket; stay dry & out of the wind